

# SAVANNAH CHRISTIAN PREP GRADES PK- 3

# OCTOBER

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 <b>Chicken Nuggets</b> French Fries Mixed Vegetables Fresh Fruit <b>OR Hummus Lunch Pak or Vegetable Wrap</b> Chips, & Carrot Sticks, Fresh Fruit	4 <b>Spaghetti w/ Meatsauce</b> Carrots Fresh Fruit <b>OR Bagel &amp; Cream Cheese w/ Yogurt &amp; Fresh Fruit</b>	5 <b>Breakfast for Lunch</b> Pancakes, Ham & Hash brown Potatoes Fresh Seasonal Fruit <b>OR Breakfast Lunch Pak</b> Boiled Egg, Yogurt, Granola, Fresh Fruit	6 <b>Chicken Patty</b> Macaroni & Cheese Green Peas Fresh Fruit Vanilla Pudding <b>OR Turkey Sandwich</b> Homemade Chips & Fresh Fruit	7 <b>FALL BREAK!!!!</b>
10 <b>Lower School Conferences</b>	11 <b>Sliced Ham</b> French Fries Fresh Vegetables Fresh Fruit <b>OR Hummus Lunch Pak or Vegetable Wrap</b> Chips, & Carrot Sticks, Fresh Fruit	12 <b>Breakfast for Lunch</b> Eggs, Sausage, & Hash brown Potatoes Fresh Fruit <b>OR Breakfast Lunch Pak</b> Boiled Egg, Yogurt, Granola, Fresh Fruit	13 <b>Baked Ziti</b> Fresh Vegetables Fresh Seasonal Fruit <b>OR Bagel &amp; Cream Cheese w/ Yogurt &amp; Fresh Fruit</b>	14 <b>Popcorn Shrimp</b> Tator Tots Broccoli Fresh Fruit <b>OR Pepperoni &amp; Cheese</b> Crackers, Grapes, Teddy Grahams
17 <b>Chicken Nuggets</b> Mashed Potatoes Mixed Vegetables Fresh Fruit <b>OR Hummus Lunch Pak or Vegetable Wrap</b> Chips, & Carrot Sticks, Fresh Fruit	18 <b>Chicken Alfredo w/ Pasta</b> Carrots Fresh Fruit <b>OR Nutella Lunch Pak</b> Fresh Fruit, Graham Crackers & Cookie	19 <b>Breakfast for Lunch</b> French Toast Sausage, Potatoes, & Fresh Fruit <b>OR Breakfast Lunch Pak</b> Boiled Egg, Yogurt, Granola, Fresh Fruit	20 <b>Hamburger</b> French Fries Broccoli Fresh Fruit <b>OR Grilled Chicken Sandwich</b> Cheese Chips and Fresh	21 <b>Cheese Pizza</b> Corn Fresh Fruit Cookie or Brownie <b>OR Pepperoni &amp; Cheese</b> Crackers, Grapes, Teddy Grahams
24 <b>Chicken Nuggets</b> French Fries Mixed Vegetables Fresh Fruit <b>OR Hummus Lunch Pak or Vegetable Wrap</b> Chips, & Carrot Sticks, Fresh Fruit	25 <b>Chicken Quesadilla</b> Fresh Vegetables Fresh Fruit <b>OR Turkey Sandwich</b> Chips, Fresh Fruit, & Cookie	26 <b>Breakfast for Lunch</b> Waffles Ham, Potatoes & Fresh Fruit <b>OR Breakfast Lunch Pak</b> Boiled Egg, Yogurt, Granola, Fresh Fruit	27 <b>Hot Dog</b> Tator Tots Green Beans Fresh Fruit <b>OR Bagel w/ Jelly w/ Yogurt &amp; Fresh Fruit</b>	28 <b>Mini Corn Dogs</b> Tator Tots Vegetable Apple sauce <b>OR Grilled Cheese Sandwich</b> Grapes Chips
31 <b>Chicken Nuggets</b> Mashed Potatoes Mixed Vegetables Fresh Fruit <b>OR Hummus Lunch Pak or Vegetable Wrap</b> Chips, & Carrot Sticks, Fresh Fruit				

Vegetarian options available daily, please contact the Food Service Director for assistance.

[jessica.thomas@lexingtonindependents.com](mailto:jessica.thomas@lexingtonindependents.com)